



Girlguiding Devon St Luke's Guiding Lights Challenge



Use your unit's
creative spark to
make a difference
and be a part of the
spectacular
St Luke's Guiding
Lights Art Trail and
Auction in 2026



Thank you for signing up to take part in the Little Lights Learner Programme

It is with great pleasure that we present you with your lighthouse inspired resource pack, which we hope will inspire and encourage you to get creative and get fundraising as part of the St Luke's Guiding Lights Art Trail.

St Luke's Hospice Plymouth helps to provide high quality, personalised care for people with life limiting illnesses, helping them to live well each day and, when the time comes, to have a calm, peaceful and dignified death. What we do is about so much more than just hands on medical care – it is vital emotional, practical and spiritual support for patients, their families and carers at a time when they need it the most. Most of our funds come through fundraising. We are so very grateful to you for joining this exciting project and help us to raise vital funds.

St Luke's Guiding Lights 2026 is designed to be a feast for the imagination, giving us all the opportunity to get young members enthusiastic about arts and crafts, as well as engaging them in important topics of conversation. St Luke's Guiding Lights is a huge interactive sculpture trail taking over Plymouth in the Summer of 2026 – and your Little Light is an integral part of it, shining a light on your young member's creativity and imagination.

The Little Lights learner programme aims to add even more value to the experience of designing a lighthouse, and across this pack, you'll find ideas to enrich your programme to dip into.

We can't wait to see all the sculptures come to life and to be showcased in The Box, Plymouth.

Best of luck to you all!



ABOUT THE TRAIL

From 6 July, 41 magnificent 2.4m tall lighthouse sculptures will be displayed through the streets and public spaces of Plymouth, each one a unique masterpiece designed by professional artists from the region and beyond. Your Little Light along with all the other Little Lights will accompany their bigger siblings and together will create a family-friendly exhibition of discovery for visitors and residents to enjoy and explore. There will be a paper map and an app available for trail goers to aid them in viewing the whole trail.

At the end of the trail, in September, all the lighthouses, big and small are then brought together in one place for the extraordinary Farewell Weekend - a truly unique sight and we really hope your unit or district will be able to visit to admire your own Little Light.



The large sculptures will then go straight to auction to raise vital funds for St Luke's - and your Little Light will come back home to Girlguiding Devon.

This large-scale public event will bring businesses and our communities together, champion health and wellbeing, help boost the regional economy, raise much needed funds for St Luke's and open up courageous conversations about death and dying.



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WHY A LIGHTHOUSE?

The image of a lighthouse is often the first that springs to mind when people think of Plymouth.

When St Luke's first started thinking about another spectacular Wild in Art installation trail for Plymouth (following the success of Elmer's Big Parade in 2019), we were thrilled to discover that one of the sculpture choices was a lighthouse.

Being a coastal city steeped in a long and proud maritime history, a lighthouse seemed the perfect fit, a symbolic beacon of comfort, strength, and safety - and this is what we feel our hospice care provides for our patients and their families.

Plymouth shines brightest when we come together, and we hope you'll be as inspired as we are by the potential of your Little Light.



THE LEARNER PROGRAMME

Ultimately this pack will enable your unit to:

Learn about the Girlguiding Sculpture, which will be publicly displayed during the summer of 2026. At the end of the project, Girlguiding Devon will be able to collect our sculpture, for display around the county and for use as a future programme resource. This pack will also provide you with ideas that link to the Girlguiding Programme for lighthouse inspired activities that you may want to dip into.

CHAPTER 1 – A NEW ARRIVAL IN YOUR UNIT

The big reveal! Suggestions on how you might introduce your sculpture to your unit in fun, exciting and innovative ways or for a whole district / division approach.

CHAPTER 2 – FUNDRAISING SUPPORT AND ADVICE

We'd love for your unit / district / division to choose St Luke's as your 'Charity of the Year' and use this project to help us raise important funds to support their work. There are suggestions for some fun fundraising activities for you to consider. They are so very grateful to you for any fundraising initiatives you embark on and truly appreciate your support and thank you whole-heartedly for your enthusiasm in this project.

CHAPTER 3 – GETTING CREATIVE

How the sculpture is constructed, discusses the materials that were used to decorate and finish it.

CHAPTER 4 – LIGHTHOUSE-INSPIRED ACTIVITIES

A creative toolkit of ideas with suggested resources.

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THE GIRLGUIDING DEVON CHALLENGE BADGE

These activities are suggestions to support the trail and as many or few can be completed to earn the badge to help build excitement. We recommend alongside any activities in the unit, the girls look out for lighthouses around Plymouth in summer 2026 - including the little lighthouses in the box museum. Alternatively if not local, take a look at photos online from the event.

Our very own Girlguiding Devon little lighthouse will be ready to tour the county from October 2026.

There are four sections in this pack.

When you have completed your activities, please order badges from our online shop at <https://devonguides.org.uk/shop/cat/badges>

All profits from these badges will go to St Luke's Hospice Plymouth

Safeguarding

Due to the nature of hospice care some activities may touch on some sensitive issues. Please refer to your safeguarding training and respond to any safeguarding issues in line with Girlguiding Safeguarding policies and procedures.

Shout about it

Ask your leader to share your experiences on social media using the hashtag #GirlguidingDevonandStLukesGuidingLights



A NEW ARRIVAL

Our very own Girlguiding Devon 1m tall lighthouse will be available to tour the County from October 2026, after taking part in the lighthouse trail in Plymouth during the summer.

Why not make a big song and dance about its arrival and have a great deal of fun?

Perhaps ask to host it and showcase it at a meeting.

- Make the sculpture's arrival something that the whole unit gets involved with, perhaps by holding a literacy or arts evening that coincides. Keep the sculpture hidden, elaborate with sea-based items displayed around it.
- Present the sculpture as a mystery item wrapped in paper or enclosed in a box, with a couple of strategically placed hand-sized windows. It won't be long before your girls start peering and reaching inside.
- Make the unveiling of your sculpture the focal point of a promise or awards evening.

- Invite a local artist, poet, community champion, parent, or celebrity to come and take part in a lighthouse evening. Take a video to post on your unit's social media or website.

- Invite young members to bring their favourite maritime toy, book or own version of the sculpture for a themed show and tell.

FUNDRAISING SUPPORT AND ADVICE

St Luke's Guiding Lights is an important fundraising project for St Luke's, and this fundraising guide is packed with ideas and information to make this as straightforward and fun as possible. At St Luke's, they know schools and community groups are often the most innovative and passionate fundraisers, so let's share what they all know and see where it takes us!

Below are some fun ideas for raising funds for St Luke's. In addition to these ideas, you may want to consider finding a local business who would be willing to support you in fundraising initiatives.

NON-UNIFORM DAY

A classic fundraiser! Young members are invited to wear their own clothes to a unit meeting in exchange for a small donation. Mix it up by having a pyjama evening, link with a topic you are currently learning about or even go crazy with a bad hair day. You could even lighthouse theme it – red and white stripes or maritime linked.

ADD A FUNDRAISER TO A GIRLGUIDING EVENT

Make the most of upcoming events by organising fundraisers. You could hold a raffle at the local fete or fair, set up a face painting booth at the next Girlguiding event, or run a bake sale bonanza!

HOST A GUIDING LIGHTS AND BITES TEA PARTY!

Have young members make invitations and serve home-made bakes and drinks. Make it an evening to remember! Host a 'Beacon Bake Sale' with lighthouse shaped cookies.

SHHHH

This one is bound to be popular with leaders – have a sponsored silence. Raise money, but don't shout about it! See if you can manage a silent evening of just nodding and pointing – maybe there could be a prize for the quietest group.

LIGHTHOUSE COOKBOOK

Young member, parents, volunteers and leaders submit their favourite Devon / local recipes to form a lighthouse cookbook which can be sold!



IT'S SHOWTIME!

Go big with a talent contest extravaganza! Joke telling, dancing, poetry reciting, singing, whatever talents you may have! Charge to enter and for tickets to come along and watch the show.

DON'T BE SHY!

Make sure all young members and parents know about the event (and maybe even the local community too). JustGiving provide QR codes, which can easily be added onto your socials. Young members can also be encouraged to share it with family and friends.

MAKE AND SELL A HANGING LIGHTHOUSE ORNAMENT

Use salt dough to create a hanging lighthouse decoration. Have young members write on the back who or what their guiding light is. Parents can purchase their children's ornament.

SPONSORED ACTIVITIES

Sponsored challenges are an excellent way to raise money. Whether it's a sponsored silence or a sponsored wide game, the options are limitless. Why not take on a 1km challenge around your local area – a 'Beacon of Hope' walkathon?

DANCE – ATHON

Dance away with a music-filled party or organise a Strictly-style contest. Groups could even learn moves before the big day and show off their groove in front of everyone! People can donate to take part, or to come and watch.

SET UP A DIVISION JUSTGIVING PAGE

Track your division's progress by setting up a Just Giving page and fundraise through it. You may wish to send the link out to parents and the wider community.

Visit St Luke's JustGiving schools page for ideas:
www.justgiving.com/campaign/guidinglightsschools

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LIGHTHOUSE INSPIRED ACTIVITIES

There's no limit to the programme connections you can make with Little Lights Activities Programme – so we've highlighted just a few in this pack to get the creative juices flowing. We hope the activity ideas will enrich your Little Light.

DESIGN AND TECHNOLOGY

Young members could make their own lighthouse using kitchen roll tubes. Or investigate ways to make their lighthouse stand up perhaps using notches, inserts, tabs or flanges.

Design your own Plymouth or Devon coastline landscape display – look at images of Devon coastlines for inspiration. What does the landscape look like, are there cliffs, a beach, a harbour? What animals might there be? Create a poster or make a 3D model using rocks, shells, cloths etc.

Make a boat. Provide young members with a variety of different materials such as tin foil, corks, rubber bands, plastic bottles, foam, sponges, duct tape, milk cartons. Making boats can be a STEM activity where young members learn about buoyancy, weight distribution and design.

You can turn it into a challenge by testing which boat can hold the most weight before sinking or which boats sails the best.

Create your own windmills. Use these to learn about the power of wind.

Design a new basket to hold the lighthouse keeper's lunch; maybe it could include something to keep out the seagulls?

SCIENCE

The bulb in a lighthouse is a source of light. Investigate other sources of light.

Experiment with different kinds of light and how brightly they shine and how far away you can see them from. How could you record this information?

Can you come up with you own code using flashes of light like morse code?

Can young members use a simple circuit to add a bulb to a lighthouse sculpture that they have made?



What can you see, hear, smell, touch and taste when at a lighthouse? Use the senses template in this resource and discuss why these things are present and what causes them. This could then link to literacy to create a senses inspired poem.

Use a water tray to create different types of waves – small ripples to huge crashing waves. Learn about the power of waves and wind and how they can be used to create electricity.

Use the 10-minute video on YouTube which explains how lighthouses work. It is particularly useful in explaining how the Fresnel lens works.

www.youtube.com/watch?v=072wpm7aS8

HISTORY

Lighthouses and the Eddystone connection

The very first known lighthouse was the Lighthouse of Alexandria in Egypt, built around 300 BC. It was such an impressive structure that it became one of the Seven Wonders of the Ancient World. Modern educational resources, such as those on TWINKL, provide further information on lighthouse history and their importance.

Lighthouses were developed to help sailors navigate safely. Before 1787, there were no lighthouse systems, so ships blown off course had to rely on guesswork. Early lighthouses used open flames, followed by candles and oil or gas lamps, to create visible light that helped vessels avoid hazards. As more lighthouses were built, navigation became far safer.

From 1806, each lighthouse was given a unique flashing pattern (called a flash character). Sailors could count the flashes to identify the lighthouse they were seeing, use charts to work out their position, and steer clear of dangerous areas.



Lighthouses also use daytime markers such as painted bands, and some have foghorns for poor visibility. Their bright flashes come from powerful rotating lenses, which can be seen up to 30 nautical miles away. Foghorns can be heard up to 15 nautical miles.

There are about 270 active lighthouses around the UK today. Notable sites include Bell Rock lighthouse in Scotland—the oldest sea-based lighthouse in the world—and the lighthouses at Lizard Point (Britain's most southerly point) and Dunnet Point (the most northerly).

Plymouth has its own rich lighthouse history thanks to the Eddystone reef just off our coast, where several different lighthouses have stood over the centuries.

The Eddystone Reef, Plymouth

There is a short 6 minute video available on YouTube from BBC Coast all about the history of the lighthouses on the Eddystone reef. Definitely worth a watch!

www.youtube.com/watch?v=TZKowr6_F3I

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England's coasts are notorious for rough weather, dangerous seas and deadly obstacles. The Eddystone rocks are among them. They are approximately 12 miles off the coast of Plymouth. The rocks are mostly underwater at high tide and have caused many shipwrecks throughout history. There were several attempts made to place a marker on these reefs.

The Winstanley Lighthouse

The first lighthouse on the Eddystone Reef was the very first offshore lighthouse.

Henry Winstanley was an English painter, engineer and merchant. He bought two boats, both of which were wrecked on the Eddystone Rocks near Plymouth. The boats, their cargo and the sailors were all, sadly, lost. According to legend, Henry heard this news while in a London pub with

some friends. Apparently, he

leapt up and departed immediately to see the wreckage and the treacherous rock that claimed his boats.

After the wrecking of his ships on the Eddystone Reef in 1695, he vowed to build a lighthouse to save more ships from the same fate. This ambitious construction was set to make Winstanley a living legend, but it collapsed in a storm with him inside.

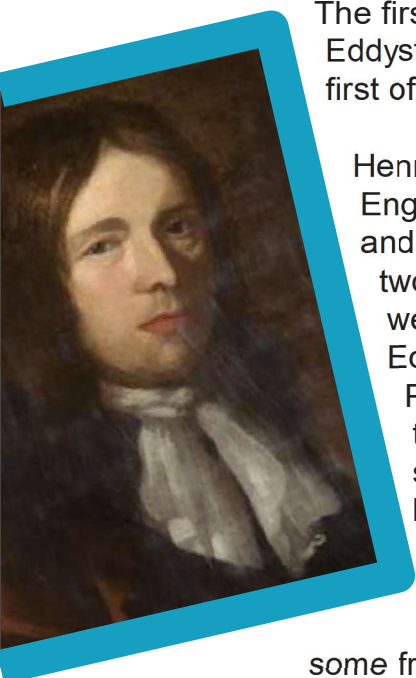
Up until this point there had never been a lighthouse built on a rock in the middle of the sea.

In early summer of 1696 Winstanley set to work. He drew up his plans, found somewhere to stay in Plymouth and gathered a small workforce willing to try to build his design.

Each day, Winstanley and his men had to row out to the Eddystone taking all their tools and materials with them and then row back again. It was not safe enough on the rock to stay overnight and there was no way of securing their tools out there. Some days it would take up to 6 hours to make the journey, which left very little time for actual building work. The unlucky builders had to abandon the journey completely in very bad weather – a common occurrence in the winter.

Slowly but surely, the builders made progress and on 14 November 1698, Winstanley himself, lit the light in the tower for the first time. Winstanley continuously made changes to try to improve the lighthouse. He even rebuilt the top half of it.

The finished construction was a sight to behold. Winstanley was keen to make it stand out! He painted it, gilded it, added a huge wrought-iron weathervane and flags. He also emblazoned the sides of it with messages to sailors that read in Latin and English "Glory be to God". It looked nothing



like any other lighthouse before or since!

In 1703, after five short years, there was a massive storm that flattened buildings, uprooted trees and killed hundreds.

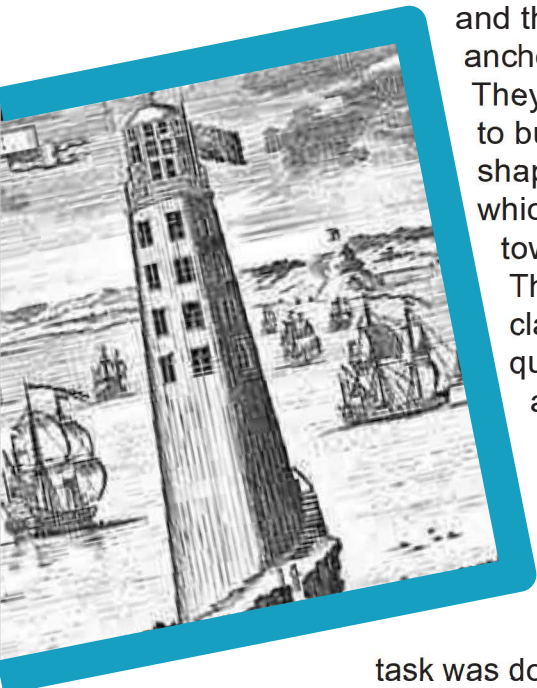
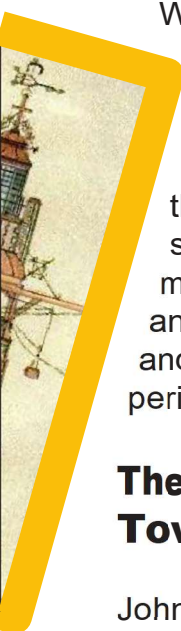
Winstanley and some of his builders had been in his lighthouse making some last-minute structural improvements in the hopes that it would survive the stormy night. Unfortunately, as the storm worsened, Winstanley was stranded. In the early hours of the morning on 27th November, vicious wind and waves destroyed the lighthouse and not a trace of it survived. Winstanley perished along with it.

The second tower - The Rudyard Tower

John Rudyard built the second structure. He was a silk merchant from London who was keen to avoid any of his own vessels being wrecked on the reef. He used his own money to build the lighthouse. He made the decision to drill into the rock itself so that uprights could be sunk

deep into the ground and the lighthouse anchored in this way. They then decided to build a conical shape in stone which tapered towards the top. This was to be clad in the finest quality timber available to give extra protection against seawater.

In 1709, Rudyard's task was done. Rudyard and his team had built a lighthouse which was to last for 46 years before tragedy



struck again. In December 1755, the lantern area caught fire and the whole structure burnt until it was completely destroyed.

The Third Tower

John Smeaton from Yorkshire was the next lighthouse builder. He had spent decades researching and testing the durability of hydraulic lime concrete that cured underwater.

With this research and careful planning, the lighthouse, finished in 1759, lasted longer. It stands at 22 metres tall, and cost £40,000 to construct (£7.7 million today). The lighthouse was originally lit with 24 candles. In 1810, the candles were replaced with oil lamps and reflectors. In 1845, the oil lamps and reflectors were replaced with an improved lamp and Fresnel lens technology. The lighthouse remained in use until 1877.

By 1877, the waves from the sea had eroded the rock that the lighthouse stood on so much that the lighthouse was quite precarious and a new one replaced it. The stump of the tower is still on the reef.

The tower was largely dismantled and rebuilt on Plymouth Hoe where it stands today.



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The Fourth Tower - The Douglass Tower

Douglass built the last, largest and surviving lighthouse on the Eddystone rocks. James Douglass was from London and a civil engineer. He was knighted for his efforts, becoming Sir James Douglass. It is now topped with a helipad which provides easier access. It was built by Trinity House in 1882 and it stands at 49m. Douglass carried out work on improving illumination using oil and gas burners and electricity.

Now there are lots more offshore lighthouses, including Bishops Rock, Longships and Wolf Rock and Douglass or his sons were responsible for many of these.

The Smalls Lighthouse off the Welsh coast, Douglass's first solo project. It is still in use today. It is the most remote lighthouse operated by Trinity House.

The Longships Lighthouse, designed by Douglass and completed in 1875. It is on a rocky reef just off Lands End.

Students may choose to research the lives of engineers who built the lighthouses that have been situated on the Eddystone Reef just off Plymouth. Create groups in the classroom to research and present on: Henry Winstanley, John Ruyard, John Smeaton, James Douglass, and shipwrecks on the reef.



SEAFARING AND MARITIME ACTIVITY LINKS

There has never been a time in Plymouth's history when the sea hasn't been integral to the townspeople's wellbeing and prosperity.

The wealth of the area has been dependent on the trade links enabled by quick and safe passage to the English Channel and beyond – and since the 1700s, lighthouses have played a vital part in that safety. For deeper dives into maritime history, culture and technology, explore these organisations:

University of Plymouth - for young people interested in a career in one of the maritime industries, the Uni has a plethora of undergraduate courses and hosts regular open days: <https://www.plymouth.ac.uk/courses/undergraduate/bsc-maritime-business>

Plymouth Sound National Marine Park - the UK's first national marine park. <https://plymouthsoundnationalmarinepark.com/>



Associated British Ports - ABP manages 21 ports, supports 200,000 jobs and handles £157bn of trade each year - find out more about this vital infrastructure business does in Plymouth <https://www.abports.co.uk/>

The Box - the museum is well worth a visit, but it also has useful online resources: <https://www.theboxplymouth.com/>

Mayflower Museum - explore the Mayflower's story in new ways: <https://www.mayflowermuseum.co.uk/>

Devonport Naval Heritage Centre - dive into the development of The Dockyard and Plymouth's role in major conflicts including 2 world wars <https://devonportnhc.wordpress.com/>

National Oceanography Centre - dozens of fascinating information and activity sheets covering a full spectrum of ocean and maritime learning, including career profiles: <https://noc.ac.uk/>

HM Coastguard - the UK's maritime emergency service has stacks of resources online: <https://hmcoastguard.uk/safety-resources>

RNLI – Plymouth Sound is a busy shipping lane, so not surprisingly it's served by a lots of lifeboat stations. Explore water safety, how lifeboats work and much more: <https://rnli.org/youth-education/education-resources>

READING

Consider lighthouse inspired texts to prompt story writing. There is a suggested reading list within this guide. There are lots of lighthouse themed activities on TWINKL including colouring sheets, word searches, PowerPoints, writing prompts, labelling activities and lots more.

Read the Lighthouse Keeper's Lunch story; there are lots of interesting vocabulary in the story (e.g. brazen, ingenious, consolingly). Can you find any words that you don't know and practice using them, perhaps incorporating them into your writing.

Write a letter to the lighthouse keeper – think about what he might like to know about you and what you have learned about lighthouses. What questions would you ask him? Perhaps you could hotseat Mr or Mrs Grinling, Hamish or even a seagull!

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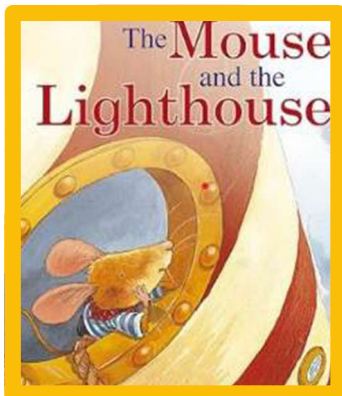


The Literacy Shed, (<https://www.literacyshed.com/the-lighthouse.html>) has a useful resource called 'The Lighthouse'. There are activities linked to a short, 3-minute video. These include, comprehension questions, writing ideas, as well as a diamante poem framework. This resource is suitable for KS2.

Write a menu for the Lighthouse keeper's lunch, make it sound delicious, maybe incorporating some alliteration ...scrumptious stacked salami sandwiches.

At the end of this pack, in the appendix, there is a pack of worksheets you may wish to use. They are suitable for younger members.

Rainbows and Brownies suggested reading list

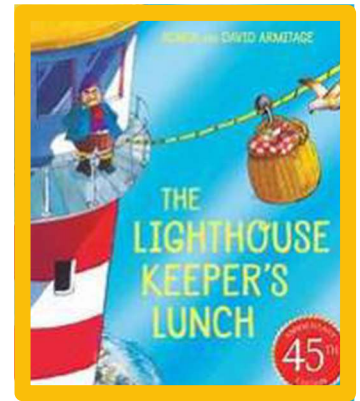


The Mouse and the Lighthouse by Katie Woolley and Daniel Howarth

Max the mouse is left in charge of the lighthouse. Will he be able to switch the light on without the lighthouse keeper's help? This

charming story about a little mouse who can do big things with the help of his friends explores the themes of friendship and helping others.

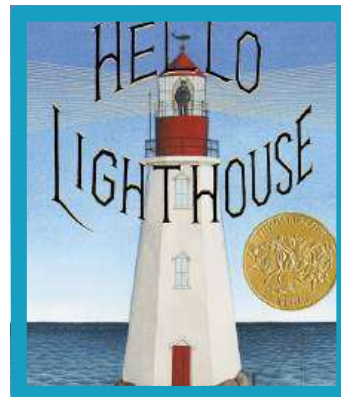
The Lighthouse Keeper's Lunch (and the whole series of *Lighthouse Keeper stories*) by Ronda Armitage and David Armitage



Once there was a lighthouse keeper called Mr. Grinling.

At nighttime he

lived in a small white cottage perched high on the cliffs, and in the daytime, he rowed out to his lighthouse to clean and polish the light. Everyday Mr Grinling tucks into delicious lunch, prepared by his wife, Mrs Grinling. But Mr Grinling isn't the only one who enjoys the tasty food, so Mrs Grinling must think of a way to stop the greedy seagulls from stealing the lighthouse keeper's lunch.



Hello Lighthouse by Sophie Blackall

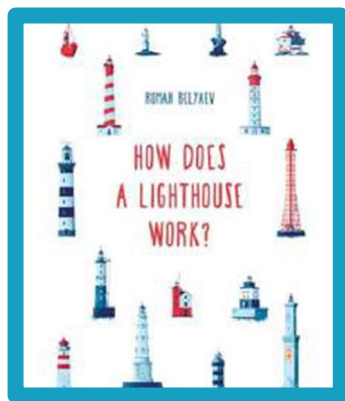
Watch the days and seasons pass as the wind blows, the fog rolls in, and icebergs drift by. Outside, there is water all around. Inside, the daily life of a lighthouse

keeper and his family unfolds as the keeper boils water for tea, lights the lamp's wick, and writes every detail in his logbook.



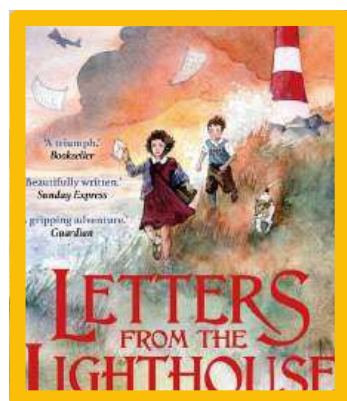
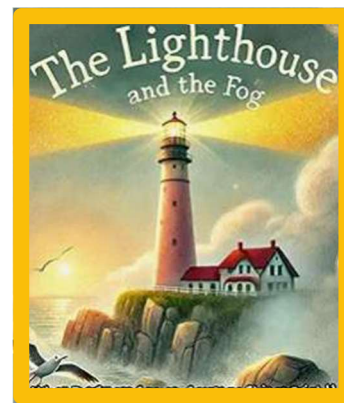
How Does a Lighthouse Work? by Roman Belyaev

How can we tell one lighthouse from another? What does a lighthouse keeper do? Where are the most unusual lighthouses in the world? Depart on an enchanting voyage with the school children in this book to discover the answers to these questions along with other fascinating facts about lighthouses and how they work.



The Lighthouse and the Fog: A story about Courage, Friendship and Overcoming Fear by Joe Sinambela

In the misty waters of Pebble Bay, there stands a little lighthouse named Lucy who is afraid of the dark. When a thick fog rolls in and ships need her help, Lucy must find the courage inside herself to shine bright and guide her friend's home.

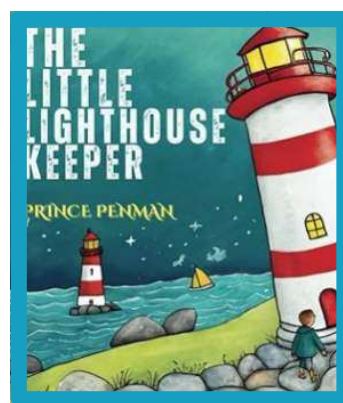


Letters from the Lighthouse by Emma Carroll

February, 1941. After months of bombing raids in London, twelve-year-old Olive Bradshaw and her little brother Cliff are evacuated to the

Devon coast. The only person with two spare beds is Mr Ephraim, the local lighthouse keeper. But he's not used to company and he certainly doesn't want any evacuees.

Desperate to be helpful, Olive becomes his post-girl, carrying secret messages (as she likes to think of the letters) to the villagers. But Olive has a secret of her own. Her older sister Sukie went missing in an air raid, and she's desperate to discover what happened to her. And then she finds a strange, coded note which seems to link Sukie to Devon, and to something dark and impossibly dangerous.



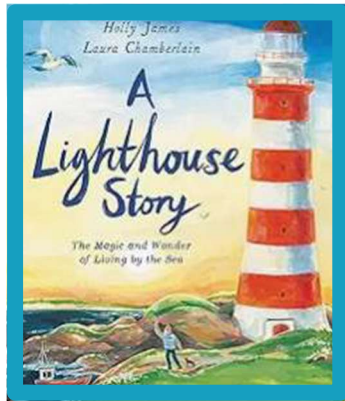
The Little Lighthouse Keeper by Prince Penman

The Little Lighthouse Keeper is a heartwarming tale that follows the journey of young Tommy, who bravely operates a lighthouse

during a storm, guiding a distressed ship to safety. Tommy's heroic deed earns him the admiration of the Seabrook villagers, leading to a grand celebration that reinforces his sense of purpose. The story highlights themes of bravery, responsibility, and the importance of helping others.

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A Lighthouse Story by Holly James



A cosy story filled with enlightening facts about how lighthouses work for children who are fascinated by the wonder of the sea.

On a rocky island in the middle of the sea, Eva's Grandad is the keeper of the lighthouse. When storms brew and the mist descends, the lighthouse offers a beacon of hope to sailors trying to find their way home.

Why were lighthouses first created? How does the light travel so far? What happens when a storm hits? Join Eva and her Grandad and discover all about the inner workings of a lighthouse, what a lighthouse keeper does all day and thrilling stories of daring sea rescues.

their way. And with "Twinkling Lighthouses," you can learn all about these special beacons and how they keep sailors safe at sea. It's a fun and colourful journey that you and your little one will love exploring together!

Guides and Ranger book list

The Lighthouse at the World's End by Amy Sparkes



Nine and her friends are headed to the mortal realm in search of the only thing that will shake a very tricky witch off

their tail: a priceless stargold locket. It lies hidden in the Nest of a Thousand Treasures, guarded by Nine's old foe – the formidable gangmaster of all the thieflings in London.

Even if Nine can get her hands on the locket, the friends must find a way to release its power – and for that they must travel through the World Between Worlds to the lighthouse on the Isle of Illusion, where nothing is quite as it seems...

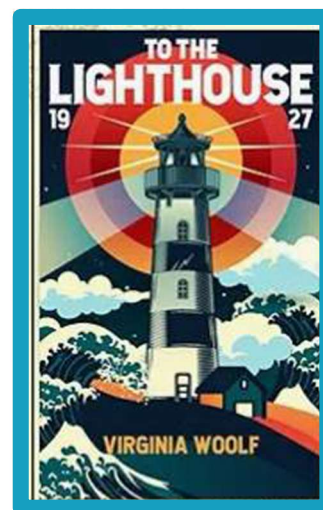


The Twinkling Lighthouses by Dr Lydia Taiwo

This wonderful book is all about lighthouses and the important jobs they have.

Lighthouses are like big towers by the sea that shine bright lights to help ships stay safe. Even though lighthouses may look different, they all do the same thing—

guide ships safely through the waters, especially when it's dark or foggy. So, if you ever see a lighthouse, you'll know that it's there to help ships find



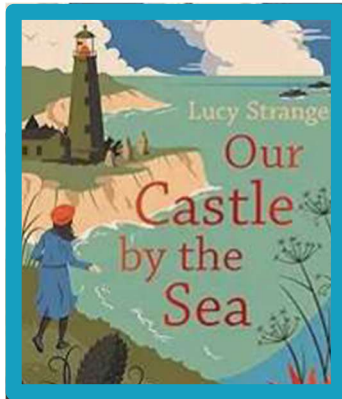
To the Lighthouse by Virginia Woolf

When Mrs Ramsay tells her guests at her summer house on the Isle of Skye that they will be able to visit the nearby lighthouse the following day, little does she know that this trip will only be completed ten years later by her husband, and that a gulf of war, grief and loss will have opened



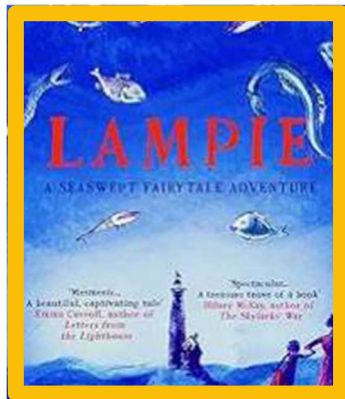
in the meantime. As each character tries to readjust their memories and emotions with the shifts of time and reality, this long-delayed excursion will also prove to be a journey of self-discovery and fulfilment for them.

Our Castle by the Sea by Lucy Strange



England is at war. Growing up in a lighthouse, Pet's world has been one of storms, secret tunnels and stories about sea monsters.

But now the clifftops are a terrifying battleground, and her family is torn apart. This is the story of a girl who is small, afraid and unnoticed. A girl who freezes with fear at the enemy planes ripping through the skies overhead. A girl who is somehow destined to become part of the strange, ancient legend of the Daughters of Stone.



Lampie by Annet Schaap

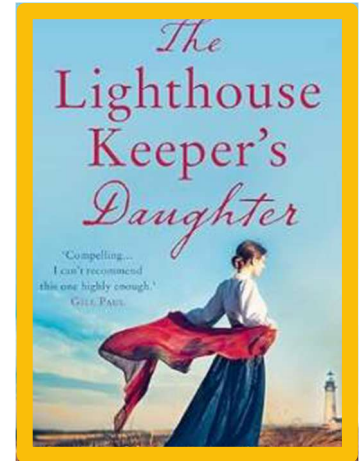
Every evening Lampie the lighthouse keeper's daughter must light a lantern to warn ships away from the rocks. But one stormy night disaster strikes. The

lantern goes out, a ship is wrecked and an adventure begins.

In disgrace, Lampie is sent to work as a maid at the Admiral's Black House, where rumour has it that a monster lurks in the tower. But what she finds there is stranger and more

beautiful than any monster. Soon Lampie is drawn into a fairytale adventure in a world of mermaids and pirates, where she must fight with all her might for friendship, freedom and the right to be different.

The Lighthouse Keeper's Daughter by Hazel Gaynor



1838: when a terrible storm blows up off the Northumberland coast, Grace Darling, the lighthouse-keeper's daughter,

knows there is little chance of survival for the passengers on the small ship battling the waves. But her actions set in motion an incredible feat of bravery that echoes down the century.

1938: when nineteen-year-old Matilda Emmerson sails across the Atlantic to New England, she faces an uncertain future. Staying with her reclusive relative, Harriet Flaherty, a lighthouse keeper on Rhode Island, Matilda discovers a discarded portrait that opens a window on to a secret that will change her life forever.



OTHER ACTIVITIES

Use the downloadable resources on the RNLI website to equip young members with the tools they need to keep safe in the water. You can find these at:

<https://rnli.org/youth-education/education-resources>

The Colour Monsters are a super tool to helping young members understand what worries are, to normalise feeling worried and explore ways that children and adults can cope when feeling anxious or worried.

Take a walk and visit your nearest St Luke's Guiding Lights sculpture.

Create your own lighthouse keeper's lunch – what foods are healthy and unhealthy? Are there any local foods you could include?

Create a display 'How do I Shine like a Lighthouse?' Use post it notes to create a display.

Consider how we often light a candle to remember someone who had died on the anniversary of their death, a birthday or at any time.

Light a candle and invite children to talk about someone they know who has died.

Look at the St Luke's website, in particular the Patches programme that supports children. www.stlukes-hospice.org.uk/patches/

There is a useful short video about grief and information about creating a memory box. You can also download The Patches storybook which discusses memories.



MUSIC

Learn a song about lighthouses and discuss what the lyrics mean i.e. My Lighthouse by Rend Collective. There are videos on YouTube with the song being performed with signs.

'Guiding Light' (Foy Vance) also sung by Ed Sheeran and Jordan Davis is a song that can be learnt and performed with solo and choir parts. Guitar chords are simple C,G,D (capo on 6th fret). It can also link to PSHE and form a discussion about what or who the students feel is their 'guiding light'. What do Guiding Lights offer us and why are they important.

One for the little ones - To the tune of I'm a Little teapot, sing "I'm a little lighthouse, big and strong, here's my beam, here's my light. All the ships can see me day and night, my light keeps turning shining bright." Add in actions.

Make the sounds of the sea using musical instruments – what would a calm day or a stormy day sound like?

This Little Guiding Light of Mine – a popular Girlguiding Campfire Song. Guitar chords are EADGB.

FUN WITH NUMBERS

Create lighthouse related maths puzzles using lighthouses and animals.

For example, practice adding and subtracting using blocks to represent the different colours of the lighthouse stripes.

Learn about lines of symmetry, what lines of symmetry can you spot and discuss in a lighthouse?

Use your lighthouse keeper's lunch to discover the weight of the items in your lunch.

Use your fundraising activity to learn about money and giving change.

Survey the unit about their favourite sandwich filling. Create a block graph of the findings.

The Literacy Shed has some maths activities that involve symmetry, doubling numbers and one more involving working with numbers to work out numbers of tins of paint.

Find these at:
www.literacyshedplus.com/en-gb/resource/the-lighthouse-ks2-activity-pack-en-gb

GEOGRAPHY

Trinity House is responsible for maintaining over 60 lighthouses. This website will take you to an interactive map where you can click on any of the lighthouses to bring up a fact sheet about them. Which is the most interesting one you can find?

<https://www.trinityhouse.co.uk/lighthouses-and-lightvessels>.

Use GoogleEarth to visit the Eddystone Reef and the Eddystone lighthouse.

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GAMES

Try a maritime warm up game:

Captain's Coming

Use the following actions or make up our own!

Bow – Run to the front of the space Stern – Run to the back of the space Port - Run to the left of the space Starboard - Run to the right of the space

Captain's coming! - Stand completely still and salute.

Hit the deck - Lie down on your stomach

Climb the rigging - Pretend to climb rigging.

Person overboard – Hug the person next to you

Scrub the deck - Kneel and pretend to scrub the floor

Cannonballs - Crouch on floor with hands over head

Dig for treasure – Mime digging a hole Seagulls - Flap your arms like a bird **Lifeboats**

Players must get into a group of that number of people as quickly as possible. For example, for the command 'Lifeboats three!', players must get into groups of three. Anyone without a group or with a lower number in their group could be out.

BE CREATIVE

Bell Rock is the oldest surviving rock lighthouse in the British Isles. It stands on a partially submerged reef off the east coast of Scotland. Designed by Robert Stevenson (1772–1850), Bell Rock was built using revolutionary methods. Stevenson commissioned Turner to produce an illustration for his book, *Account of the Bell Rock Lighthouse* in 1819. Although he had not visited the site, Turner created this dramatic scene, using his vast experience of painting the sea. It is based on Stevenson's description of a storm battering the lighthouse.

What feelings does this painting evoke? Discuss colours and textures? Can children try to recreate this painting?

Study the artwork of Brian Pollard, particularly those that feature Plymouth's Smeaton's Tower.

Compare the work of Brian Pollard and Turner. Use various methods to recreate these pictures. Think about block printing, collage or mixed media techniques.

Look at the work of Beryl Cook that feature Plymouth Hoe. Compare with the other artists.

Following the trail, invite young members to bring back to units in September a photo of their favourite lighthouse and to discuss the reasons why.



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GUIDING LIGHTS

WORDSEARCH

How many words can you find?



BARGE LANTERN

BOAT LIGHTHOUSE

CAPTAIN NORTH

CLIFF PORT

CONTAINER QUAYSIDE

CRANE SEA

CRUISESHIP SEASHORE

DOCKYARD SHIP

EAST SOUTH

FERRY STORMY

FLASHING WATER

FOGGY WAVES

HARBOUR WEST

KEEPER YACHT





How do you think Mr Grinling could stop the seagulls from eating his lunch?



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Our unit bar chart to show our favourite sandwich fillings

10								
9								
8								
7								
6								
5								
4								
3								
2								
1								
	jam 	peanut butter 	Ham 	Tuna 	cheese 	marmite 	chicken 	Egg 

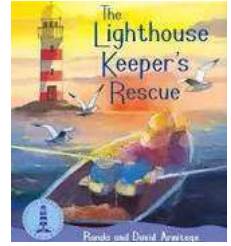


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The Lighthouse Keeper's Rescue.

Fill in the missing words:



cottage keeper head sun
happy always next

Once upon a time there was a lighthouse keeper called Mr Grinling. He lived with Mrs Grinling and their cat, Hamish, in a little white _____ on the cliffs.

Mr Grinling loved his job. He sang as he polished the light; he whistled as he cleaned the windows. But he was especially _____ when visitors came.

"I'm a lighthouse keeper from my _____ to my heels," he would tell them cheerfully, "always have been, _____ will be."

He was also a lighthouse _____ who was getting old. Sometimes he could hear his bones creaking as he climbed the lighthouse stairs.

One day Mrs Grinling found him leaning against the shed, sound asleep. The _____ day she found him dozing with his head under a heliotrope.

Mrs Grinling woke him gently. "What's the matter, Mr G?" she asked anxiously. "Are you ill?"

"No, Mrs G," said Mr Grinling, politely. "I'm just having a little snooze in the _____."



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Can you read the sentence for each day and draw a picture to match?

On Monday, Mrs Grinling made a delicious lunch for Mr Grinling. Some seagulls ate the lunch.	On Tuesday, the seagulls ate the lunch again! Mr Grinling was sad and hungry.	On Wednesday, the Mrs Grinling put Hamish the cat in the basket, but he felt sea sick.
On Thursday, Mrs Grinling had a plan. She put mustard in the sandwiches!	On Friday, the seagulls ate the mustard sandwiches. "Urghhh"!	On Saturday, Mr Grinling got his lunch with lots of lovely food to eat.



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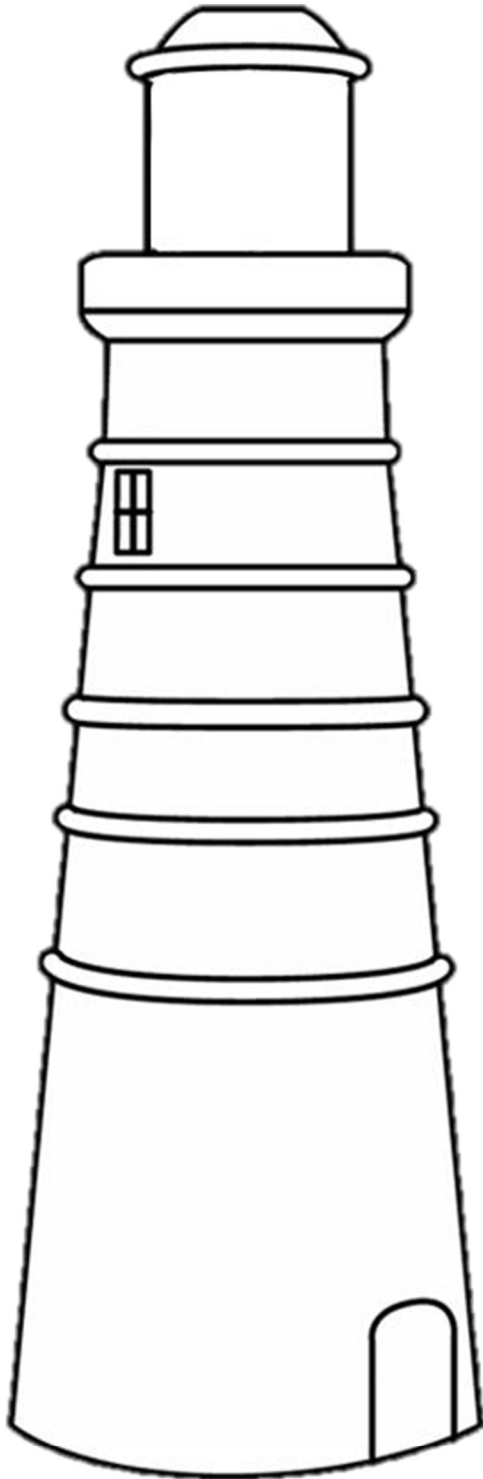
DESIGN YOUR OWN LITTLE LIGHT

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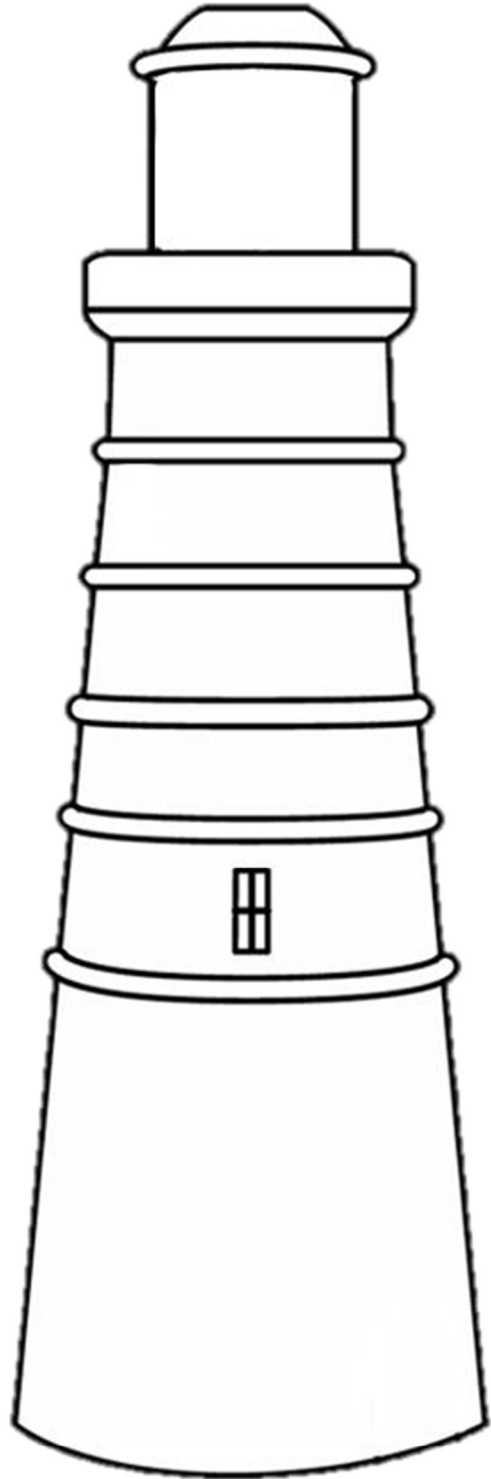
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Front



Back

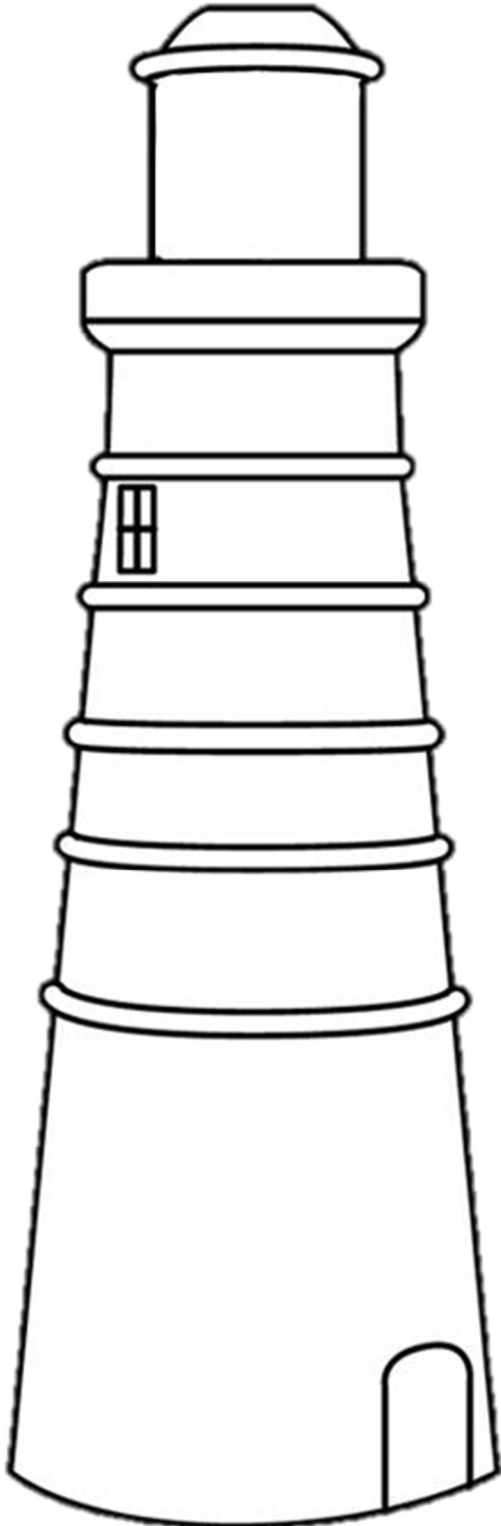


DESIGN YOUR OWN LITTLE LIGHT


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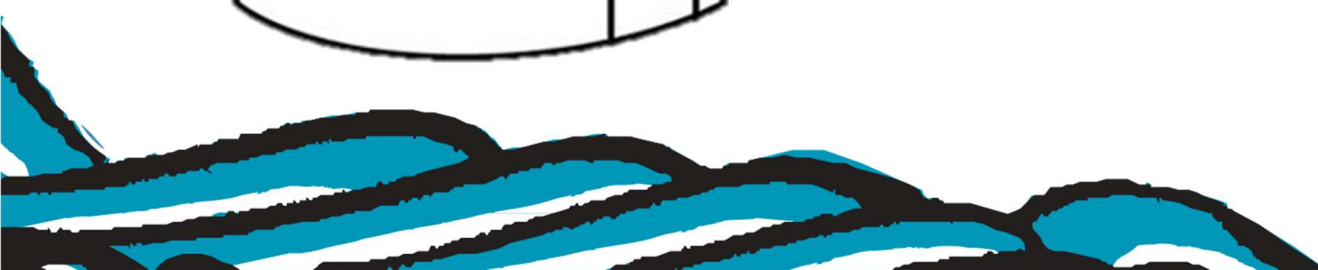
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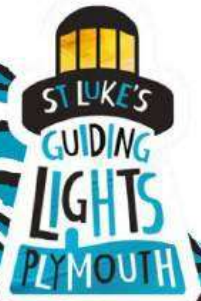
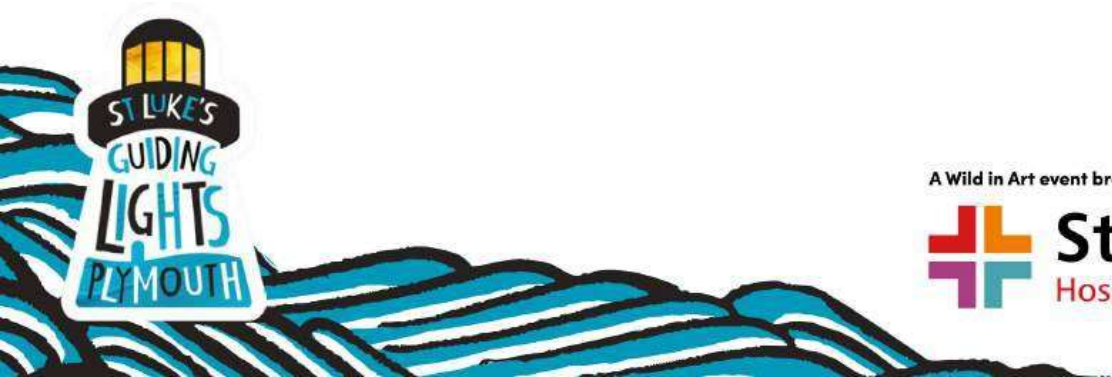
The Little Lights are 1m tall
and 30cm diameter at the
base.

They are made from brexglass
and are sprayed white.

They weigh 10kg each.



Can you write a non-fiction fact about Lighthouses? Think carefully about what lighthouses are used for and what they look like.



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Mr Grinling is ...



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Mrs Grinling is ...



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The seagulls are ...



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