

Leaders Indoor Kit List



Leader's Essentials

Sleeping bag sheet and pillow
Roll mat/self inflating mattress
(if not sleeping in dormitory)
Blanket
Teddy or comfort
Refillable drinks bottle
Lunch box
Loose change or contactless card
Torch
Book/magazine
Day bag for activities
Plastic bags for wet/dirty clothes
Plastic plate, bowl, cup (in named
drawstring bag)
Plastic cutlery (knife, fork, spoon)
Named tea towel
Mobile phone & charger
Sitter
Snacks

Toiletries- in named wash bag

Medication- in original packaging
in clear named bag
Hand sanitizer/wet wipes
Sun cream
Shower gel & shampoo
Towel for washing
Flannel
Toothbrush & toothpaste
Brush or comb
Hairbands (for tying hair up)
Sanitary products if required

Pencil Case

Pens & pencils
Sharpener
Scissors
Ruler
Rubber
Glue stick
Sticky tape
Paintbrush

Clothing

Guiding uniform
Pyjamas/onesie
Socks
Underwear
T-shirts
Trousers
Jumper
Waterproof coat & trousers
Sun hat

Shoes

Trainers or walking shoes
Wellington boots
Water shoes (that can get wet)
Slippers/indoor shoes

Water Activities

Swimming costume
Towel for swimming
Wet suit (optional)
Flask for hot drinks (optional)
Hot water bottle (optional)
Warm outfit for after
Warm hat

Optional Extras

Scooter- a helmet is essential
pads are optional
Party clothes, or EPIC coloured
clothing (red, orange, blue, or
purple)

NOTES

Disclaimer

Please ensure all items are clearly labelled & remain the sole responsibility of the individual