

Leaders Outdoor Kit List



Leader's Essentials

Sleeping bag and pillow
Roll mat/self inflating mattress
Blanket
Teddy or comfort
Refillable drinks bottle
Lunch box
Loose change or contactless card
Torch
Book/magazine
Day bag for activities
Plastic bags for wet/dirty clothes
Plastic plate, bowl, cup (in named drawstring bag)
Plastic cutlery (knife, fork, spoon)
Named tea towel
Mobile phone & charger
Sitter
Snacks

Pencil Case

Pens & pencils
Sharpener
Scissors
Ruler
Rubber
Glue stick
Sticky tape
Paintbrush

Clothing

Guiding uniform
Warm pyjamas/onesie
Socks
Underwear
T-shirts
Trousers
Jumper
Waterproof coat & trousers
Sun hat

Shoes

Trainers or walking shoes
Wellington boots
Water shoes (that can get wet)

Water Activities

Swimming costume
Towel for swimming
Wet suit (optional)
Flask for hot drinks (optional)
Hot water bottle (optional)
Warm outfit for after
Warm hat

Optional Extras

Scooter- a helmet is essential
pads are optional
Party clothes, or EPIC coloured clothing (red, orange, blue, or purple)

Toiletries- in named wash bag

Medication- in original packaging
in clear named bag
Hand sanitizer/wet wipes
Tissues
Sun cream
Shower gel & shampoo
Towel for washing
Flannel
Toothbrush & toothpaste
Brush or comb
Hairbands (for tying hair up)
Sanitary products if required

NOTES

Disclaimer

Please ensure all items are clearly labelled & remain the sole responsibility of the individual